



The Borough of Harrow Swimming Club



Website: www.harrowswim.club Email: events@harrowswim.com

BOROUGH OF HARROW REGIONAL QUALIFIER 2022

Under Swim England Laws & Technical Rules of Swimming
LICENSED MEET NUMBER –

Saturday 5 March & Sunday 6 March 2022

BARNET COPTHALL LEISURE CENTRE CHAMPIONS WAY HENDON LONDON NW4 1PX

Timings are approximate and may be adjusted



SESSION 1

Saturday 5th March 2022

Warm Up: 2pm - Start 2.45pm

SESSION 2

Saturday 4th March 2022

Warm Up & Start TBC

SESSION 3

Sunday 6th March 2022

Warm Up: 1pm – Start 1.45pm

SESSION 4

Sunday 6th March 2022

Warm Up & Start TBC

**Venue: Barnet Copthall Leisure Centre
25m Pool, 8 Lanes, full Electronic Timing**

Age Groups: 9, 10, 11, 12, 13, 14, 15&over

Events: 50m 100m 200m ALL STROKES, 200m Individual Medley, 400m Freestyle

**Entries: For Hy-Tek file and Electronic entries please email
events@harrowswim.com**

Promoter reserves the right to amend session times and limit entries to ensure the meet runs smoothly





BOROUGH OF HARROW REGIONAL QUALIFIER 2022 MEET INFORMATION

Under Swim England Laws & Technical Rules of Swimming **LICENSED MEET NUMBER –**

BARNET COPTHALL LEISURE CENTRE, CHAMPIONS WAY, HENDON, LONDON, NW4 1PX
Saturday 5 and Sunday 6 March 2022

1. Borough of Harrow SC will liaise with the pool operators regarding COVID and COVID safety management by the pool operators in addition to any rules and regulations in place by Government at the date of this meet. Where necessary, protocols may change subject to government guidance. All participants will be required to adhere to any changes which will be notified in advance of the date of this meet.
2. Barnet Copthall Main Competition Pool – 25 metres – 8 lanes – Anti-Wave Lane Ropes. Colorado Electronic Timing and Hy-Tek Meet Management.
3. Ages are as at 6th MARCH 2022
4. All events will have Heat Declared Winners - there will be no finals.
5. Age Groups – 9, 10, 11, 12, 13, 14, 15+. Awards will be made to the first 3 in each stroke for each age group. These will be available for collection on the day. No medals will be forwarded after the meet.
6. By submitting and accepting entries to the meet consent is hereby given, as required by the Data Protection Act 1998, to the holding of personal information. The personal information supplied with your entry will be retained securely and will only be used for the legitimate purposes of running the event. This data will be shared by form of results with Swim England (Rankings) and the clubs who have entered the meet. A full copy of the results will be published on the website after the meet. Please be aware that links from our website may take you to external websites that are not covered by our policies. Please ensure that you review their privacy policies before any data is submitted. If any persons want to exercise their right to erasure or processing of their personal data they will need to make a written request to the promoter. We will only hold competition data for 12 months after which it will be destroyed and erased from our systems.
7. A secondary starting strobe will not be available.
8. Over the top starts may be used at the Referee's discretion.

ENTRIES

9. The entry fee is £7.00 per event. Payment should be made via online payment.
10. The closing date for entries is **Monday 31 January 2022 or sooner if the meet capacity is reached**. (The organisers would be grateful if clubs are able to send in entries prior to this date.)
11. This meet is First Come First Served Entry. Entries must be made electronically using the Hy-Tek Team Manager file – request file from Dominique Ford at events@harrowswim.com
12. Send your completed entry file to events@harrowswim.com
13. The promoter reserves the right to limit the number of entries if necessary to allow the Meet to be run in the allotted pool time.
14. Any entry not accepted due to oversubscription will be refunded in full. Where swimmers have tested positive to COVID or have been contacted to self-isolate, a full refund will be given if proof of a positive test result can be shown or proof that they have been contacted by Track & Trace. Full refund will be given should there be a government imposed lockdown. **NO OTHER MONIES WILL BE REFUNDED**
15. Lists of individual accepted / rejected entries will be sent to clubs.
16. No swimmer should have swum faster than the time stated. NT Entries will not be accepted.

17. Time Trials may be accepted on the day of the meet only if there are spaces available to fill lanes at a cost of £7.50 per time trial. These can only be taken from swimmers already registered on the day. There are no awards for Time Trials, but times will be submitted to Rankings for Swim England registration.
18. Clubs entering more than 12 swimmers are requested to supply 1 qualified official per day (2 officials if more than 20 swimmers) if possible.
19. Coaches Passes are available at a cost of £20 per weekend. This will entitle the holder to admission to all sessions, a programme, session start lists and food and refreshments between sessions.
20. There will be no entry poolside without a pass and passes must be worn at all times. Coaches and Team Managers should be club trained personnel and registered members of Swim England

MEET PROCEDURE

21. This is a cardless meet. Entries will be pre seeded before the meet. Withdrawal information should be forwarded to events@harrowswim.com or to the administrator on the day prior to warm up.

MEET SAFETY

22. All swimmers must observe the pool and Swim England Safety Rules. The Depth of the water at the Shallow end of the Main Pool is 1 metre (End where the timing display board is). The Deep End of Main pool is 1.8 Meters Deep (starting block end) The starting blocks are 72cm above the level of the water. Only those swimmers who have reached the standard of the Swim England Preliminary Competitive Start Award are permitted to start with a shallow racing dive from the side of the pool. Swimmers who have not reached this standard must start in the water. Swimmers must not go in to the main foyer without drying down and wearing the suitable clothes and foot wear. Failure to comply may result in expulsion from the meet.

SPECTATORS

23. Spectator seating availability will depend on the Government COVID regulations on the day and venue capacity, and this information will be supplied prior to the meet start date. There is parking on site but capacity can be limited.
24. A copy of the result sheets will be provided to clubs at the end of the gala and will be available from our website as soon as possible after the gala.
25. Photographs/Videos are only permitted on registration with the promoter prior to the meet. Registration details can be given upon entry to the meet.
26. Borough of Harrow SC reminds all those attending these meets (competitors, coaches, team managers, spectators, officials, volunteers, contracted staff etc.) wishing to use cameras, video or digital image capturing devices (including mobile phones) that they should only do so after reference to their obligations and the recommendations laid down in Wavepower 2016-2019, the Swim England Child Safeguarding Policy & Procedures and other Swim England Photography guidance. Your adherence to the guidelines and vigilance during the event will assist in our efforts to avoid the misuse of such equipment and the images/videos produced. Flash photography is prohibited at all times.
27. In the circumstance that an infringement of the above clause is identified by meet officials and/or volunteers, the Meet Administrator and or Promoter will apply an appropriate sanction adjudged to be proportionate. This may include, but not be restricted to, the reporting of the person to their Club Welfare Officer for breach of applicable code of conduct or temporary confiscation of the equipment.
28. In the circumstance that an infringement of the above clause is identified by or reported to the facility management, the Normal Operating Procedure of the facility will be applicable and will be fully supported by Borough of Harrow SC.

COVID

29. Due to COVID, these conditions are subject to government guidance and therefore are subject to change due to the evolving nature of the pandemic.

30. All coaches and volunteers are asked to wear masks at all times. All Meet participants must observe the safety and COVID precautions in operation. Participants must have footwear when leaving the poolside. Unless otherwise informed, there will be no diving allowed during warm up periods, apart from sprint lanes.
31. Clubs are asked to remain within their designated zone/area and should not mix with other clubs where possible.
32. Swimmers are asked to follow the Centres one way system from their designated zones down to poolside and back up to their designated area after their event.
33. Unless informed otherwise, clubs must ensure attending swimmers, coaches and managers have completed Swim England's 'RETURN TO COMPETITION HEALTH DECLARATION FORM' no more than seven days prior to the competition date – (26 FEBRUARY 2022). Please note swimmers will not be permitted to swim without submitting the form. Club managers are asked to ensure that all successful applicants have their SE Covid form submitted in a timely manner.
34. Participants are reminded that they should not attend if they have a high temperature, a new, continuous cough, and a loss of, or change to, their sense of smell or taste.
35. Each Club represented at the meet must send a coach and a COVID marshal/accredited volunteer to accompany swimmers. If only one swimmer is competing from a club, a coach may assume the additional responsibilities of a COVID marshal. Coaches and Team Managers must be club trained personnel and clubs are asked to maintain the recommended ratio of 1:20 helpers/swimmers + 1 COVID marshal/accredited volunteer.
36. We will continue to follow all current and future updates set out by Government and Swim England COVID guidelines
37. Any conditions not covered in the competition rules will be dealt with in accordance with the laws of the sport and at the discretion of the Promoter. Questions can be dealt with by writing to the Promoter at events@harrowswim.com



UPPER LIMIT TIMES

SWIMMERS MUST NOT BE FASTER THAN THE TIMES SHOWN

BOYS					Events	GIRLS				
9yr	10/11yr	12/13yr	14 yr	15/over		9yr	10/11yr	12/13yr	14 yr	15/over
33.00	30.80	27.70	25.0	24.00	50m Free	34.00	31.70	29.30	27.60	26.00
1:10.60	1:06.60	58.61	54.47	53.80	100m Free	1:12.10	1:08.20	1:01.4	59.40	58.20
2:42.00	2:20.00	2:05.57	1:57.20	1:54.00	200m Free	2:37.10	2:24.50	2:10.20	2:06.40	2:05.00
6:06.00	5:00.40	4:30.90	4:15.20	4:11.00	400m Free	6:12.50	5:00.10	4:37.20	4:29.30	4:27.00
42.50	37.50	34.70	32.80	30.79	50m Breast	42.70	40.10	37.20	35.20	34.00
1:32.00	1:26.00	1:13.00	1:08.00	1:06.60	100m Breast	1:33.00	1:25.90	1:17.00	1:14.80	1:12:00
3:29.00	3:04.70	2:40.00	2:28.70	2:24.20	200m Breast	3:22.00	2:59.70	2:45.00	2:40.66	2:38.10
36.40	34.10	30.50	28.10	26.40	50m Fly	36.80	34.50	32.30	30.40	29.00
1:23.00	1:10.40	1:00.94	59.40	59.00	100m Fly	1:22.50	1:15.70	1:08.39	1:05.60	1:03.10
3:10.50	2:44.70	2:23.05	2:12.10	2:08.00	200m Fly	3:05.10	2:45.20	2:28.51	2:22.40	2:20.00
37.40	35.50	31.60	29.50	28.40	50m Back	37.60	35.70	33.70	32.00	31.30
1:21.40	1:15.30	1:05.60	1:00.3	58.00	100m Back	1:21.40	1:15.40	1:08.41	1:05.78	1:03.00
2:57.80	2:40.10	2:19.00	2:10.10	2:07.20	200m Back	2:54.20	2:39.10	2:24.88	2:19.57	2:18.00
3:10.80	2:43.40	2:26.60	2:16.00	2:09.80	200m Ind Medley	3:12.50	2:43.20	2:30.90	2:24.80	2:22.00

NT (No Time) Entries will not be accepted





SCHEDULE

SESSION 1 – SATURDAY 5 MARCH	
1. 9 & Over Boys	400M FREESTYLE
2. 9 & Over Girls	50M BUTTERFLY
3. 9 & Over Boys	50M BUTTERFLY
4. 9 & Over Girls	200M BACKSTROKE
5. 9 & Over Boys	200M BACKSTROKE
6. 9 & Over Girls	100M FREESTYLE
7. 9 & Over Boys	100M FREESTYLE

SESSION 2 – SATURDAY 5 MARCH	
8. 9 & Over Girls	200M INDIVIDUAL MEDLEY
9. 9 & Over Boys	50M FREESTYLE
10. 9 & Over Girls	50M FREESTYLE
11. 9 & Over Boys	200M BUTTERFLY
12. 9 & Over Girls	200M BUTTERFLY
13. 9 & Over Boys	100M BREASTSTROKE
14. 9 & Over Girls	100M BREASTSTROKE

SESSION 3 – SUNDAY 6 MARCH	
15. 9 & Over Girls	400M FREESTYLE
16. 9 & Over Boys	50M BACKSTROKE
17. 9 & Over Girls	50M BACKSTROKE
18. 9 & Over Boys	200M BREASTSTROKE
19. 9 & Over Girls	200M BREASTSTROKE
20. 9 & Over Boys	100M BUTTERFLY
21. 9 & Over Girls	100M BUTTERFLY

SESSION 4 – SUNDAY 6 MARCH	
22. 9 & Over Boys	200M INDIVIDUAL MEDLEY
23. 9 & Over Girls	50M BREASTSTROKE
24. 9 & Over Boys	50M BREASTSTROKE
25. 9 & Over Girls	200M FREESTYLE
26. 9 & Over Boys	200M FREESTYLE
27. 9 & Over Girls	100M BACKSTROKE
28. 9 & Over Boys	100M BACKSTROKE

