

**SE LONDON SUMMER CHAMPIONSHIPS 2023**  
**SCHEDULE OF EVENTS**

<b>Day 1</b>	<b>22 April - K2</b>	<b>Day 2</b>	<b>23 April - K2</b>	<b>Day 3</b>	<b>29 April - LAC</b>	<b>Day 4</b>	<b>30 April - LAC</b>	<b>Day 5</b>	<b>1 May - LAC</b>
Session 1	101 W 400 Freestyle HDW 102 M 200 Back 103 W 100 Back	Session 4	201 M 400 Freestyle HDW 202 W 200 Back 203 M 100 Back	Session 7	301 W 50 Fly 302 M 50 Breast 303 W 50 Back 304 M 50 Freestyle 305 W 800 Freestyle - HDW	Session 11	401 W 400 IM HDW 402 M 100 Freestyle 403 W 100 Fly 404 M 800 Freestyle - HDW	Session 14	501 M 400 IM HDW 502 W 100 Freestyle 503 M 100 Fly 504 W 1500 Freestyle - HDW
Session 2	104 M 200 Freestyle 105 W 200 Fly 106 M 100 Breast 107 Girls 4x100 Freestyle Team 108 Womens 4x100 Freestyle team	Session 5	204 W 200 Freestyle 205 M 200 Fly 206 W 100 Breast 207 Boys 4 x 100 Freestyle Team 208 Men 4x100 Freestyle team	Session 8	301 W 50 Fly Finals 302 M 50 Breast Finals 303 W 50 Back Finals 304 M 50 Freestyle Finals	Session 12	405 M 200 IM 406 W 200 Breast 407 Boys 4 x100 Medley Team 408 Mens 4 x 100 Medley Team	Session 15	505 W 200 IM 506 M 200 Breast 507 Girls 4 x100 Medley Team 508 Womens 4 x 100 Medley Team
Session 3	109 W 400 Freestyle - Grand Final 106 M100 Breast - Finals 103 W 100 Back - FINALS 102 M 200 Back - FINALS 105 W 200 Fly - FINALS 104 M 200 Freestyle - FINALS	Session 6	209 M400 Freestyle - Grand Final 206 W 100 Breast - Finals 203 M 100 Back - Finals 202 W 200 Back - Finals 205 M 200 Fly - Finals 204 W 200 Freestyle - Finals	Session 9	306 M 50 Fly 307 W 50 Breast 308 M 50 Back 309 W 50 Freestyle 310 M 1500 Freestyle - HDW	Session 13	409 W 400 IM Grand Final 402 M 100 Freestyle - Final 403 W100 Fly - Final 405 M 200 IM - Final 406 W 200 Breast - Final 410 Girls 4 x 200 Freestyle Team 411 Women 4 x200 Freestyle team	Session 16	509 M 400 IM Grand Final 502 W 100 Freestyle - Final 503 M100 Fly - Final 505 W200 IM - Final 506 M200 Breast - Final 510 Boys 4 x 200 Freestyle Team 511 Men 4 x200 Freestyle team
				session 10	306 M 50 Fly Finals 307 W 50 Breast Finals 308 M 50 Back Finals 309 W 50 Freestyle Finals				